

## The Amazing Journey

Take time to stop and think.....  
Talk to God, just you and Him, together.....  
How do you feel?  
Are you happy?  
Are you hurting?  
Give it to God.....



Children get the chance to explore our spiritual journey on their own, no rush no push, no hustle or bustle, just them and God. Think about Advent, Easter, Moving on, Wider World, My Own Journey, the Lord's prayer or Sad Times. Welcome CRB checked members of your local church into school to help create an *amazing* experience.

A class of 30 children would require 2 hours for each child to walk the journey individually, giving them time to explore, think, consider, pray. School needs to provide a space the size of a typical classroom for us to work in, we bring everything else with us, including volunteers to help. We do however need a member of school staff on hand 'just in case' we need to call on them.

Some quotes and prayers from Children in 2010 & 2011:

- 'The best bit was when I let go of the stone. I could really feel God taking my worries, and I felt better.'
- 'Dear God, please help my mum to sort her life out.'
- 'Please please please let other people have freedom and enough food to eat.'



**Advent** — explore what this means, includes some very simple craft. Aimed at years 2—4.

**Easter** — explore the run up to Easter Day-suitable for all year groups.

**Moving on** — moving on can be sad, but can also be an exciting time. Time to reflect and anticipate. Suitable for year 6 but we are currently adapting for other year groups. Book early to secure the best time for you!

**The Wider World** — think of others throughout the world. Look locally, look further. Suitable for KS2.

**My Own Amazing Journey** — do you fit in? Get things wrong? Are things tough right now? What about those around you? Suitable for years 2—6.

**Sad times** — a journey prepared just for your sad times. Maybe you have lost a member of staff, a parent, or something else is causing your children to grieve. Call us and we will come to your school just as soon as we can. This journey is provided FREE OF CHARGE.

**Lord's Prayer** — created especially to celebrate 400 years of the King James bible, but excellent for explaining the meaning of this special prayer. Years 2—6

## The Amazing Journey:



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# An Amazing Journey...



## to inspire

A journey to inspire adults to think about change

# Inspire

This leaflet gives you an insight into Inspire, which is a Christian spiritual journey for adults. It is particularly suitable to be used as part of a team building day. Further support for this can be had from Gill Johnson, Education Development Officer for Wakefield Diocese Tel: 01924 371802 Email: gill.johnson@wakefield.anglican.org (The wording here is not in it's entirety. It is just a sample)

In our everyday lives, we find we are all different. Without our differences children wouldn't see diversity. Think about how this makes you feel. Maybe you'd like to talk to God about it. Take a piece of wood that you feel represents you (you might like to draw or write on it) and put it on the path to school. Without your individuality, the path would be broken. We NEED you!



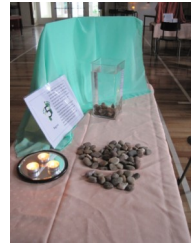
Look in the mirror at yourself. Now take a look at the phrases around the mirror. Which of these reflects the person you see looking back at you? Look at the different coloured nuggets on the table. These represent the quality that is at the side of it. Take a nugget from next to each word that you feel is one of your qualities, and put these into the large jar in the middle.

What can you bring to our team? Take a look at the table and see which of these things you bring. In our team, are any of these missing? With a little work, could you fill the missing gap? Ask God to help you see what YOU can do.



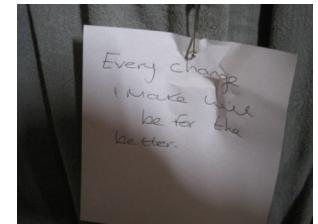
In the past, people may have hurt you with what they have said or done. Bitterness, feelings of inadequacy, uselessness can all fester inside and become huge. Take a piece of dough. Squeeze it, mould it, put your anger or hurt into manipulating it.

It isn't always others doing things to us that stays in our memories. Have you ever done or said something that you so bitterly regret that it screws you up inside? Sometimes it's hard to let these feelings go and for us to forgive ourselves. If you are holding on to something you have done that you feel was wrong, why not take a pebble and talk to God about it. When you have finished, drop the pebble into the water as you release those feelings of guilt.



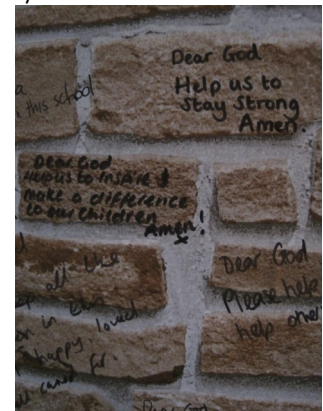
Spend some time looking at these prayers. They are all the prayers of children walking a journey similar to this that you are walking. These children could be from **your** school. Your children are important, and are the reason for you being here. You play such an important role in their lives, and they have to come first. How would you like to be remembered in years to come? Take a few moments to think about this.

To be able to progress, things have to change. It is easy to get set in our ways and do things because we've always done them this way. Sometimes we won't change because we tried it that way before and it didn't work. Take time to think about this. It is not easy. Pin it on the item of clothing you least like.



As you near the end of your journey today, think about your team: your colleagues, the children, the governors, the parents, every single person who plays a part in the smooth running of this school. As a sign of your commitment to being a part of this team, light a candle and place it on a small tile. Look how our individual commitments are making a huge difference when we work as a team. Make a pledge on a card from the basket if you feel able. Take that with you as a reminder of today.

Take this opportunity to write  
your own prayer  
for school on the prayer wall.



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